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| **SPITALUL FILANTROPIA DUMINICA 12.10.2025** | | | | | |
| **REGIM** | **MIC DEJUN** | **GUSTARE ORA 10** | **PRANZ** | **GUSTARE ORA 16** | **CINA** |
| **CEZARIANE** | CEAI 200ml,UNT 10gr,2XBRANZA TOPITA,  MUSCHI FILE 40gr,PAINE 60gr | IAURT CU FRUCTE | -SUPA DE LEGUME 350ml  -PULPA PUI CU LEGUME LA CUPTOR 300gr | BRANZA VACI 120gr | -MAMALIGA/  BRANZA VACI/  SMANTANA,OU POSAT 300gr  -CEAI 200ml |
| **ONCO** | CEAI 200ml  UNT 10gr,2X BRANZA TOPITA,MUSCHI FILE 40gr,PAINE 60gr | IAURT CU FRUCTE | -SUPA CU GALUSTE 350 ml  -PIURE DE CARTOFI 300gr SI  GRATAR PUI | PANDISPAN CU VISINE | -MAMALIGA/  BRANZA VACI/  SMANTANA,OU POSAT 300gr  -CEAI 200ml  -IAURT CU FRUCTE |
| **OPERATE** | CEAI 200ml  UNT 10gr,2X BRANZA TOPITA,MUSCHI FILE 40gr,PAINE 60gr | IAURT CU FRUCTE | -SUPA DE LEGUME 350ml  -PULPA PUI CU LEGUME LA CUPTOR 300gr | BRANZA VACI 120gr | -MAMALIGA/  BRANZA VACI/  SMANTANA,OU POSAT 300gr  -CEAI 200ml |
| **DIABET** | CEAI 200ml  UNT 10gr,2X BRANZA TOPITA,MUSCHI FILE 40gr,MASLINE,  PAINE 60gr | IAURT  140gr +  MAR | -SUPA CU GALUSTE 350 ml  -PIURE DE CARTOFI 300gr SI  GARATR PUI | BRANZA VACI 120gr | -MAMALIGA/  BRANZA VACI/  SMANTANA,OU POSAT 300gr  -CEAI 200ml |
| **FARA SARE** | CEAI 200ml  UNT 10gr,2X BRANZA TOPITA,MUSCHI FILE 40gr,PAINE 60gr | IAURT CU FRUCTE | -SUPA CU GALUSTE 350 ml  -PIURE DE CARTOFI 300gr SI  GRATAR PUI | PANDISPAN CU VISINE | -MAMALIGA/  BRANZA VACI/  SMANTANA,OU POSAT 300gr  -CEAI 200ml |
| **GRAVIDE** | CEAI 200ml  UNT 10gr,2X BRANZA TOPITA,MUSCHI FILE 40gr,PAINE 60gr | IAURT CU FRUCTE | -SUPA CU GALUSTE 350 ml  -PIURE DE CARTOFI 300gr SI  GRATAR PUI |  | -MAMALIGA/  BRANZA VACI/  SMANTANA,OU POSAT 300gr  -CEAI 200ml |
| **LAUZE** | CEAI 200ml  UNT 10gr,2X BRANZA TOPITA,MUSCHI FILE 40gr,PAINE 60gr | IAURT CU FRUCTE | --SUPA CU GALUSTE 350 ml  -PIURE DE CARTOFI 300gr SI  GRATAR PUI | PANDISPAN CU VISINE | -MAMALIGA/  BRANZA VACI/  SMANTANA,OU POSAT 300gr  -CEAI 200ml |
| **GINECOPATE** | CEAI 200ml  UNT 10gr,2X BRANZA TOPITA,MUSCHI FILE 40gr,PAINE 60gr | IAURT CU FRUCTE | -SUPA CU GALUSTE 350 ml  -PIURE DE CARTOFI 300gr SI  GRATAR PUI | PANDISPAN CU VISINE | -MAMALIGA/  BRANZA VACI/  SMANTANA,OU POSAT 300gr  -CEAI 200ml |
| **COMUNI** | CEAI 200ml  UNT 10g,2X BRANZA TOPITA,MUSCHI FILE 40gr,PAINE 60gr | IAURT CU FRUCTE | -SUPA CU GALUSTE 350 ml  -PIURE DE CARTOFI 300gr SI  GRATAR PUI | PANDISPAN CU VISINE | -MAMALIGA/  BRANZA VACI/  SMANTANA,OU POSAT 300gr  -CEAI 200ml |
| **HIDRIC** | CEAI NEINDULCIT 300ml,COMPOT DE MERE NEINDULCIT STRECURAT 300ml | IAURT  140gr | -SUPA STRECURATA 350ml,  -COMPOT DE MERE NEINDULCIT STRECURAT 350ml |  | CEAI NEINDULCIT 300ml,COMPOT DE MERE NEINDULCIT STRECURAT 300ml |
| **INSOTITORI** | CEAI 200ml  UNT 10gr,2X BRANZA TOPITA,MUSCHI FILE 40gr,PAINE 60gr | IAURT CU FRUCTE | -SUPA CU GALUSTE 350 ml  -PIURE DE CARTOFI 300gr SI  GRATAR PUI | PANDISPAN CU VISINE | -MAMALIGA/  BRANZA VACI/  SMANTANA,OU POSAT 300gr  -CEAI 200ml |
| **MEDIC GARDA** | CEAI 200ml  UNT 10gr,2X BRANZA TOPITA,MUSCHI FILE 40gr,PAINE 60gr,MASLINE 40gr | IAURT CU FRUCTE | -SUPA CU GALUSTE 350 ml  -PIURE DE CARTOFI 300gr SI SNITEL PUI  -CASTRAVETI MURATI | PANDISPAN CU VISINE | -PASTE CARBONARA 300gr  -CEAI 200ml  -IAURT |
| **REZERVA** | CEAI 200ml  UNT 10gr,2X BRANZA TOPITA,MUSCHI FILE 40gr,PAINE 60gr,MASLINE 40gr | IAURT CU FRUCTE | -SUPA CU GALUSTE 350 ml  -PIURE DE CARTOFI 300gr SI SNITEL PUI  -CASTRAVETI MURATI | PANDISPAN CU VISINE | -PASTE CARBONARA 300gr  -CEAI 200ml  -IAURT |
| **REZERVA DIABET** | CEAI 200ml  UNT 10gr,2X BRANZA TOPITA,MUSCHI FILE,MASLINE 40gr  PAINE 60gr | MAR COPT +  IAURT | -SUPA CU GALUSTE 350 ml  -PIURE DE CARTOFI 300gr SI GRATAR PUI  -CASTRAVETI MURATI | MAR | -MAMALIGA/  BRANZA VACI/  SMANTANA,OU POSAT 300gr  -CEAI 200ml |