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| **SPITALUL FILANTROPIA MARTI 14.10.2025** | | | | | |
| **REGIM** | **MIC DEJUN** | **GUSTARE ORA 10** | **PRANZ** | **GUSTARE ORA 16** | **CINA** |
| **CEZARIANE** | CEAI 200ml,UNT 10gr, BRANZA DE VACI 40gr,IAURT 140GRgr,OU FIERT,PAINE 60gr | MAR COPT | -SUPA DE LEGUME 350ml  -RASOL DE PUI CU OREZ DE LEGUME 300gr | IAURT | -PIEPT PUI LA GRATAR CU SOTE DE CONOPIDA CU MORCOVI  -CEAI 200ml |
| **ONCO** | CEAI 200ml,UNT 10gr,SALAM USCAT 40gr,CASCAVAL 50gr,MASLINE 40gr,PAINE 60gr | MAR | -SUPA DE LEGUME 350ml  -CARTOFI AROMATIZATI CU CRYSPY  300GR | OREZ CU LAPTE SI SCORTIOARA | -PIEPT DE PUI LA GRATAR CU PILAF DE LEGUME 300gr  -CEAI 200ml |
| **OPERATE** | CEAI 200ml,UNT 10gr, BRANZA DE VACI 40gr,IAURT 140GRgr,OU FIERT,PAINE 60gr | MAR COPT | -SUPA DE LEGUME 350ml  -RASOL DE PUI CU OREZ DE LEGUME 300gr | IAURT | -PIEPT PUI LA GRATAR CU SOTE DE CONOPIDA CU MORCOVI  -CEAI 200ml |
| **DIABET** | CEAI 200ml,UNT 10gr, SALAM USCAT 40gr,CASCAVAL 50gr,MASLINE 40gr,PAINE 60gr | MAR | -SUPA DE LEGUME 350ml  -CARTOFI AROMATIZATI CU CRYSPY  300GR | IAURT+MAR | -PIEPT PUI LA GRATAR CU SOTE DE CONOPIDA CU MORCOVI  -CEAI 200ml |
| **FARA SARE** | CEAI 200ml,UNT 10gr,CASCAVAL 50gr,MASLINE 40gr,PAINE 60gr | MAR | -SUPA DE LEGUME 350ml  -CARTOFI AROMATIZATI CU CRYSPY  300GR | OREZ CU LAPTE SI SCORTIOARA | -PIEPT DE PUI LA GRATAR CU PILAF DE LEGUME 300gr  -CEAI 200ml |
| **GRAVIDE** | CEAI 200ml,UNT 10gr, SALAM USCAT 40gr,CASCAVAL 50gr,MASLINE 40gr,PAINE 60gr | MAR | -SUPA DE LEGUME 350ml  -CARTOFI AROMATIZATI CU CRYSPY  300GR |  | -PIEPT DE PUI LA GRATAR CU PILAF DE LEGUME 300gr  -CEAI 200ml |
| **LAUZE** | CEAI 200ml,UNT 10gr,SALAM USCAT 40gr,MASLINE 40GR,  CASCAVAL 50gr,PAINE 60gr | MAR | -SUPA DE LEGUME 350ml  -CARTOFI AROMATIZATI CU CRYSPY  300GR | OREZ CU LAPTE SI SCORTIOARA | -PIEPT DE PUI LA GRATAR CU PILAF DE LEGUME 300gr  -CEAI 200ml |
| **GINECOPATE** | CEAI 200ml,UNT 10gr,SALAM USCAT 40gr,CASCAVAL 50gr,MASLINE 40gr,PAINE 60gr | MAR | --SUPA DE LEGUME 350ml  -CARTOFI AROMATIZATI CU CRYSPY  300GR | OREZ CU LAPTE SI SCORTIOARA | -PIEPT DE PUI LA GRATAR CU PILAF DE LEGUME 300gr  -CEAI 200ml |
| **COMUNI** | CEAI 200ml,UNT 10gr,SALAM USCAT  40gr,CASCAVAL 50gr,MASLINE 40gr,PAINE 60gr | MAR | -SUPA DE LEGUME 350ml  -CARTOFI AROMATIZATI CU CRYSPY  300GR | OREZ CU LAPTE SI SCORTIOARA | -PIEPT DE PUI LA GRATAR CU PILAF DE LEGUME 300gr  -CEAI 200ml |
| **HIDRIC** | CEAI NEINDULCIT 300ml,COMPOT DE MERE NEINDULCIT STRECURAT 300ml |  | SUPA STRECURATA 350ml,COMPOT DE MERE NEINDULCIT STRECURAT 350ml |  | CEAI NEINDULCIT 300ml,COMPOT DE MERE NEINDULCIT STRECURAT 300ml |
| **INSOTITORI** | CEAI 200ml,UNT 10gr, SALAM USCAT 40gr,CASCAVAL 50gr,MASLINE 40gr,PAINE 60gr | MAR | -SUPA DE LEGUME 350ml  -CARTOFI AROMATIZATI CU CRYSPY  300GR | OREZ CU LAPTE SI SCORTIOARA | -PIEPT DE PUI LA GRATAR CU PILAF DE LEGUME 300gr  -CEAI 200ml |
| **MEDIC GARDA** | CEAI 200ml,UNT 10gr, SALAM USCAT 40gr,CASCAVAL 50gr,MIERE 20gr, MASLINE 40gr,PAINE 60gr | MAR | -SUPA DE LEGUME 350ml  -CARTOFI AROMATIZATI CU CRYSPY  300GR  SALATA | OREZ CU LAPTE SI SCORTIOARA | -PILAF CU LEGUME + PIEPT PUI GRATAR  -CEAI 200ml  -DESERT |
| **REZERVA** | CEAI 200ml,UNT 10gr, SALAM USCAT 40gr,CASCAVAL 50gr,MIERE 20gr, MASLINE 40gr,PAINE 60gr | MAR | -SUPA DE LEGUME 350ml  -CARTOFI AROMATIZATI CU CRYSPY  300GR  SALATA | OREZ CU LAPTE SI SCORTIOARA | -PILAF CU LEGUME + PIEPT PUI GRATAR  -CEAI 200ml  -DESERT |
| **REZERVA DIABET** | CEAI 200ml,UNT 10gr, SALAM USCAT 40gr,CASCAVAL 50gr,URDA 40gr MASLINE 40gr,PAINE 60gr | MAR | -SUPA DE LEGUME 350ml  -CARTOFI AROMATIZATI CU CRYSPY  300GR  SALATA | IAURT+MAR | -PILAF CU LEGUME + PEIPT PUI GRATAR  -CEAI 200ml  IAURT+MAR |