|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **SPITALUL FILANTROPIA SAMBATA 25.10.2025** | | | | | |
| **REGIM** | **MIC DEJUN** | **GUSTARE ORA 10** | **PRANZ** | **GUSTARE ORA 16** | **CINA** |
| **CEZARIANE** | CEAI 200ml  UNT 10gr  IAURT,MOZZARELLA  40gr,PAINE 60gr | BRANZA DE VACI | -SUPA DE LEGUME 350ml  -SOTE DE LEGUME CU FRIPTURA DE CURCAN 300gr | MAR COPT | -PASTRAV CU LEGUME LA CUPTOR 300gr, LAMAIE  -CEAI 200ml |
| **ONCO** | CEAI 200ml,  UNT 10gr,SUNCA PORC 40gr,  MOZZARELLA 40gr,  MASLINE 40gr,  PAINE 60gr | MAR | -CIORBA VACUTA 350ml  -MANCARE DE MAZARE CU PUI 300gr | CHEC | -PASTRAV CU OREZ BASMATI 300gr,LAMAIE  -CEAI 200ml |
| **OPERATE** | CEAI 200ml  UNT 10gr  IAURT,MOZZARELLA  40gr,PAINE 60gr | BRANZA DE VACI | -SUPA DE LEGUME 350ml  -SOTE DE LEGUME CU FRIPTURA DE CURCAN 300gr | MAR COPT | -PASTRAV CU LEGUME LA CUPTOR 300gr, LAMAIE  -CEAI 200ml |
| **DIABET** | CEAI 200ml,  UNT 10gr,SUNCA PORC 40gr,  MOZZARELLA 40gr,  MASLINE 40gr,  PAINE 60gr, | BANANA  +  BRANZA VACI | -CIORBA DE VACUTA 350ml  -MANCARE DE MAZARE CU PUI 300gr | MAR  +  IAURT | -PASTRAV CU LEGUME LA CUPTOR 300gr, LAMAIE  -CEAI 200ml  -IAURT |
| **FARA SARE** | CEAI 200ml,  UNT 10gr,GEM 20gr,  MOZZARELLA 40gr,  MASLINE DIETETICE 40gr,  PAINE 60gr | MAR | -CIORBA VACUTA 350ml  -MANCARE DE MAZARE CU PUI 300gr |  | -PASTRAV CU OREZ BASMATI 300gr,LAMAIE  -CEAI 200ml |
| **GRAVIDE** | CEAI 200ml,  UNT 10gr,SUNCA PORC 40gr,  MOZZARELLA 40gr,  MASLINE 40gr,  PAINE 60gr, | MAR | -CIORBA DE VACUTA 350ml  -MANCARE DE MAZARE CU PUI 300gr |  | -PASTRAV CU OREZ BASMATI 300gr,LAMAIE  -CEAI 200ml |
| **LAUZE** | CEAI 200ml  UNT 10gr,SUNCA PORC 40gr, IAURT,MOZZARELLA  40gr, MASLINE 40GR,PAINE 60gr | MAR | -CIORBA DE VACUTA 350ml  -MANCARE DE MAZARE CU PUI 300gr | CHEC | -PASTRAV CU OREZ BASMATI 300gr,LAMAIE  -CEAI 200ml |
| **GINECOPATE** | CEAI 200ml,  UNT 10gr,SUNCA PORC 40gr,  MOZZARELLA 40gr,  MASLINE 40gr,  PAINE 60gr, | MAR | CIORBA DE VACUTA 350ml  -MANCARE DE MAZARE CU PUI 300gr | CHEC | -PASTRAV CU OREZ BASMATI 300gr,LAMAIE  -CEAI 200ml |
| **COMUNI** | CEAI 200ml,  UNT 10gr,SUNCA PORC 40gr,  MOZZARELLA 40gr,  MASLINE 40gr,  PAINE 60gr, | MAR | -  -CIORBA DE VACUTA 350ml  -MANCARE DE MAZARE CU PUI 300gr | CHEC | -PASTRAV CU OREZ BASMATI 300gr,LAMAIE  -CEAI 200ml |
| **HIDRIC** | CEAI NEINDULCIT 300ml,COMPOT DE MERE NEINDULCIT STRECURAT 300ml |  | SUPA STRECURATA 350ml,COMPOT DE MERE NEINDULCIT STRECURAT 350ml |  | CEAI NEINDULCIT 300ml,COMPOT DE MERE NEINDULCIT STRECURAT 300ml |
| **INSOTITORI** | CEAI 200ml,  UNT 10gr,SUNCA PORC 40gr,  MOZZARELLA 40gr,  MASLINE 40gr,  PAINE 60gr, | MAR | -CIORBA DE VACUTA 350ml  -MANCARE DE MAZARE CU PUI 300gr | CHEC | -PASTRAV CU OREZ BASMATI 300gr,LAMAIE  -CEAI 200ml |
| **MEDIC GARDA** | CEAI 200ml,  UNT 10gr,SUNCA PORC 40gr,  CASCAVAL 50gr,  ARDEI 40gr,  PAINE 60gr | MAR | -CIORBA DE VACUTA 350ml  -MANCARE DE MAZARE CU PUI  -SALATA DE MURATURI 300gr | CHEC | -PASTRAV CU OREZ BASMATI 300gr,LAMAIE  -CEAI 200ml  -FRUCT |
| **REZERVA** | CEAI 200ml,  UNT 10gr,SUNCA PORC 40gr,  CASCAVAL 50gr,  ARDEI 40gr,  PAINE 60gr | MAR | -CIORBA DE VACUTA350ml  -MANCARE DE MAZARE CU PUI  -SALATA DE MURATURI 300gr | CHEC | -PASTRAV CU OREZ BASMATI 300gr,LAMAIE  -CEAI 200ml  -FRUCT |
| **REZERVA DIABET** | CEAI 200ml,  UNT 10gr,SUNCA PORC 40gr,  MOZZARELLA 40gr,  MASLINE 40gr,  PAINE 60gr, | BANANA  +  BRANZA VACI | -CIORBA DE VACUTA350ml  -MANCARE DE MAZARE CU PUI  -SALATA DE MURATURI 300gr | MAR  +  IAURT | -PASTRAV CU OREZ BASMATI 300gr,LAMAIE  -CEAI 200ml  -IAURT  -MAR |